



Utilizing ACE 2 receptor for covid-19 treatment: turning foes into friends

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ABSTRACT

An unusual, highly contagious coronavirus disease COVID-19 caused by recently identified severe acute respiratory syndrome coronavirus-2 (SARS-CoV-2) has become a clinic threat and presented a major health crisis worldwide in the absence of specific vaccine or antiviral drugs. SARS-CoV-2 uses angiotensin-converting enzyme 2 (ACE2), a type 1 transmembrane receptor to infect host cell and primarily target type II alveolar cells profusely rich in ACE2 expression. Although SARS-CoV-2 infect people of all age group but older population and persons with co-morbid conditions are at greater risk. Hypertension, renal impairment and diabetes are the most common underlying co-morbidities reported in covid-19 patients that contribute to disease worsening and more severe clinical complications leading to death. SARS-CoV-2 invasion induced ACE2 receptor down-regulation with a subsequent imbalance between angiotensin II and angiotensin 1-7 levels plays a vital role in the pathogenic advancement of the disease. Excess accumulation of angiotensin II causes distressed immune functions and hyperactive inflammatory system leading to multi-organ injuries thus contributing in covid-19 disease progression. In the current review the dual role of the ACE2 receptor operating as an entry door to SARS-Cov-2 as well as a key player in the pathogenic progression of the disease is discussed. We further put forward a hypothesis to exploit ACE2 receptor functions to suppress disease progression and reduce mortality in covid-19 patients.

Keywords: SARS-Cov-2, ACE2 receptor, xanthenone, covid-19

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INTRODUCTION

The unprecedented global spread of COVID-19, a highly contagious, life threatening disease cause by a newly identified severe acute respiratory syndrome CoV-2 (SARS-CoV-2) has become a clinical threat to the world [1]. Several retrospective analyses have evaluated the risk factors associated with disease severity and postulated a direct association between any pre-existing pathological conditions (underlying disorders such as hypertension, diabetes, renal impairment etc) and severity of covid-19 disease with cardiovascular ailments being the most prevalent comorbidity reported in covid-19 patients [2-6]. Presence of more than one comorbidity further intensifies risk of severe outcomes including lung injury and acute respiratory distress syndrome (ARDS) leading to death. Phylogenetic and genomic analysis of SARS-CoV-2 relate its origin with the bat SARS-like-CoVZXC21 (nucleotide identity 89%) and human SARS-CoV (82%) [7]. SARS-CoV-2 is now known to utilize angiotensin-converting enzyme 2 (ACE2), a type 1 transmembrane receptor to infect the host cell through fusion between the viral and cellular membrane assisted by transmembrane TMPRSS2 serine protease [8,9]. Receptor binding domain is present in S1 subunit of the spike glycoprotein whereas S2 subunit contains the fusion peptide. TMPRSS2 a host serine protease is critical for post cleavage priming at the S1/S2 region and activating the viral and cellular membrane fusion. It is believed that increased infectivity of SARS-CoV-2 is due to greater binding affinity of SARS-CoV-2 spike towards ACE2 receptor as compared to SARS [10,11]. ACE2 receptor is a vital element of renin angiotensin system (RAS), a ubiquitous hormonal system vital to maintain hydroelectrolytic balance and vascular pressure. ACE2 receptor plays a counter regulatory role and catalyzes the hydrolysis of key vasoconstrictor peptide angiotensin II to angiotensin 1-7 and formation of angiotensin 1-9 from angiotensin I [12,13]. Angiotensin II is a multifunctional nonhemodynamic molecule which exert its vasoconstrictory, pro-inflammatory, profibrotic and oxidative effects via G-protein coupled AT-1 type receptor [14]. Angiotensin 1-7 and angiotensin 1-9 counteract the angiotensin II mediated effects and produce vasodilatory, anti-proliferative, anti-inflammatory, anti-fibrotic and anti-thrombotic effects via G-protein coupled Mas receptor [15]. ACE2 thereby conducting the degradation of angiotensin

I and angiotensin II physiologically balances renin angiotensin system mediated effects. Several reports have acknowledged the protective effects of ACE2 in lung injury in animal models of ARDS [16,17]. Various studies also supported cardio-protective [18,19] as well as renoprotective [20,21] effects of ACE2. Also ACE2 is now recognized as entry portal for coronaviruses SARS and SARS-2-Covs [8,22].

ACE2 receptor in Covid-19 pathology

ACE2 receptor not only serves as the entry point for the virus but has implications in pathological progression of the disease [23]. The physiological distribution and expression of ACE2 largely affects the susceptibility and spread of infection in target organs and presentation of clinical manifestations in covid-19 patients. Type II alveolar epithelial cells are profusely rich in ACE2 receptor expression and represent the most vulnerable target to SARS-CoV-2 [24]. ACE2 receptor is expressed in heart, vascular endothelial cells, kidney, liver, intestinal enterocytes as well as in soluble form in plasma and urine [25,26]. Upper respiratory tract is the major target of SARS-CoV-2 causing initial flu like symptoms but disease progression further involves multiple organs affecting heart and kidney more severely. It is speculated that patients suffering from hypertension or diabetes who are on treatment therapy with ACE inhibitors and angiotensin II type-I receptor blockers (ARBs) might have increased ACE2 receptor expression and might predispose patients to COVID-19 infection. [27,28]. However, scientific data in support of this assumption is quite inconsistent. Overexpression of ACE2 receptor is theoretically related with increased susceptibility to infection. Further investigation is impending in this direction to understand the exact relationship between the two. Shreds of evidence are now mounting in the support of the notion that use of RAS inhibitors is not associated with increased COVID-19 infection or disease severity [29-31]. Moreover, it is proposed that use of RAS inhibitors greatly reduced the risk of severe clinical outcomes and confers protective effects in COVID-19 patients as compared to other antihypertensive drugs [32,33]. The SARS-CoV-2 infection causes ACE-2 receptor downregulation after exploiting it for internalization [23]. Virus-induced downregulation of ACE-2 receptor results in loss of catalytic activities of ACE-2. Besides diminished organ protective effects, ACE2 is also not available to perform its salutary physiological functions of hydrolyzing the vasoconstrictor peptide angiotensin II. Consequently, accumulation of angiotensin II and uncontrolled AT-1 type receptor activation results in abnormal vasoconstriction, endothelial dysfunction, pulmonary fibrosis, hypertension, hypercoagulation, thrombosis and amplified inflammation thus contributing to overall enhanced disease severity. Increased pulmonary vascular permeability due to angiotensin II accumulation further contributes to intensified lung injury [16,23]. Overactivation of angiotensin II mediated effects causes far reaching deleterious effects in immune-compromised/co-morbid covid-19 patients. Angiotensin II is known to dysregulate adaptive immune coordination and upsurge inflammatory chemokines and cytokines production [34]. Augmented release of pro-inflammatory mediators leading to cytokine storm is a crucial factor involved in disease advancement further intensifies the lung inflammatory damage in covid-19 patients with consequent ARDS and even death. Moreover, elevated plasma level of angiotensin II is reported as an indicator of viral load in covid-19 patients and is directly related to disease severity [35]. Angiotensin-1-7 deficiency owing to interrupted degradation of angiotensin II due to ACE2 downregulation along with a predestined breakdown of angiotensin-1-7 into inactive peptides aid further in the complexity of disease severity. These observations point to a critical role of the disturbed RAS system in the signaling of abnormal cellular and molecular events accountable for the disease progression of covid-19. An increased level of a soluble form of ACE2 enzyme is considered a biomarker for myocardial infarction [36]. Angiotensin II further promotes the ADAM-17 mediated cleavage of membrane-bound ACE2 [37]. In ACE2 deficient hearts, angiotensin II accumulation and reduced angiotensin-1-7 levels is linked to enhanced production of reactive oxygen species in the infarct-related zone along with augmented inflammatory response [38]. Amplified release of plasma pro-inflammatory cytokines (IL-1b, IL-1, IL-7, IL-8, IL-9, IL-10, IFN γ , monocyte chemoattractant protein (MCP1) is associated with disease progression instigating cytokine storm syndrome and consequent ARDS and even death in more severe cases of covid-19. SARS-CoV-2 invasion induced down-regulation of ACE2 receptor resulting in disturbed RAS system with a subsequent unsolicited accumulation of angiotensin II is a key etiological factor in SARS-CoV-2 infection pathogenesis advancement. The above findings clearly indicate that disturbed RAS system and hyperactive inflammation system are key players in SARS-Cov-2 infection and employing the methods to restore the RAS balance represents a viable approach to resist COVID-19 disease progression.

ACE2 in covid-19 treatment

The exaggerated pattern of disease progression associated with the SARS-CoV-2 induced downregulation of ACE2 producing more severe outcomes in covid-19 patients gives rise to the hypothesis that enhanced expression and upregulation of ACE2 through the use of ACE2 enhancers (Xanthone, DIZE), upsurged levels of ACE2 by exogenous administration of recombinant human soluble ACE2 (rhACE2) along with

AT1 AR blockers(losartan)will result in substantial reversal of devastating tissue injury.Additionally, synthetic mas receptor agonists stimulating G-protein coupled Mas receptor would control detrimental inflammatory and fibrosis effects and counteract angiotensin II mediated tissue injury as depicted in figure 1.

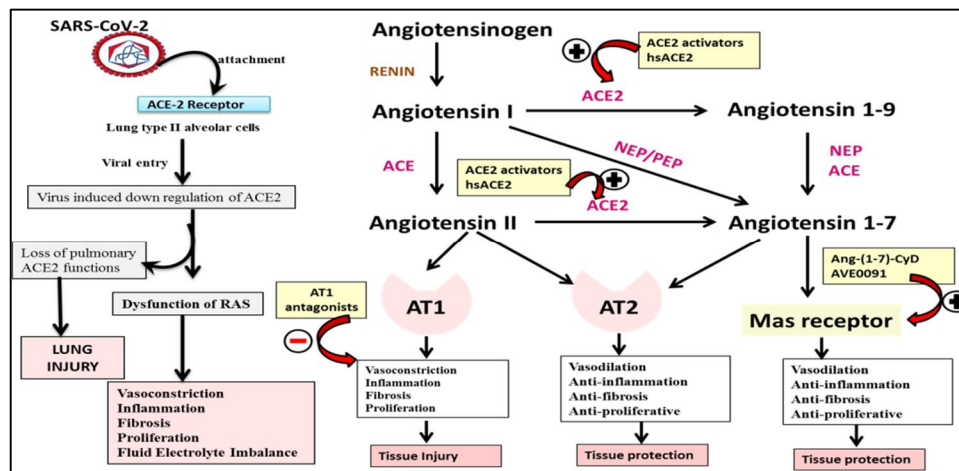


Figure 1: Implications of ACE2 downregulation mediated pathogenesis in Covid-19 disease.

The proposed pathway by which ACE2 activators, AT1 Receptor Blockers could enhance ACE2 mediated degradation of angiotensin II to produce vasodilator peptide angiotensin 1-7. Mas receptor agonists mimics the tissue protective effects exerted by vasodilatory angiotensin 1-7 peptide.

ACE 2 Activators: Restoration of ACE2 through use of ACE2 activators will recuperate local tissue protective, anti-inflammatory, anti-proliferative effects of ACE2. Revival of ACE2 will also aid in systemic balance of renin-angiotensin-system functioning and resist undesired over accumulation and hyperactivity of vasoconstrictor peptide angiotensin II. ACE2 enable essential catabolism of angiotensin II for generating vasodilatory peptide angiotensin-1-7 which exert anti-inflammatory, anti-proliferative, anti-inflammatory, anti-fibrosis and anti-oxidant effects leading tissue protection. ACE2 activator 1-[(2-dimethylamino) ethylamino]-4-(hydroxymethyl)-7-[(4-methylphenyl) sulfonyl oxy]-9H-xanthene-9-one(xanthene) is reported to exhibit noteworthy hypotensive and cardiac protective activities in various experimental studies [39, 40]. Xanthene is also reported to reduce vascular remodeling and fibrosis in an animal model of pulmonary hypertension (PH) in a rats [41]. Additionally potent antithrombotic effects of xanthene further justify its promising use in ameliorating the coagulation abnormalities in covid-19 patients [42].

Recombinant human soluble ACE2 (rhACE2): An alternative approach to increase ACE2 activity is exogenous supply of recombinant human ACE2 (rhACE2). It has been reported to display potential anti-inflammatory effects and attenuate severe acute lung injury in various animal experimental studies [43,44] Interestingly, rhACE2 infusion is allied to lessen the interleukin-6 (IL-6) concentrations in patients with ARDS in a pilot study [45]. Raised levels of IL-1 β a pro-inflammatory cytokine and its natural antagonist detected in the blood and alveolar lavage sample of covid-19 patients is correlated with hyper-inflammatory response and linked complications [46]. rhACE2 attenuates the deleterious effects exerted by angiotensin II by promoting its degradation and endeavors to restore the altered balance between angiotensin II and angiotensin 1-7 levels by increasing the cellular activities of ACE2. Additionally, rhACE2 might neutralize the spike glycoprotein and through competitive inhibition prevent SARS-CoV-2 interaction with the host cell receptors [47]. The data from *in vitro* studies documents rhACE2 mediated SARS-CoV-2 inhibitory effects [47]. APN01, a recombinant form of ACE2 developed by APEIRON biologics currently under evaluation to assess its potential benefit in treating SARS-CoV-2 induced pneumonia. The above findings advocate a dual role of rhACE2 in preventing the spike glycoprotein interactions with the receptor as well as anti-inflammatory potential by reducing the concentration of a pro-inflammatory cytokine IL-6 a prime culprit involved in disease advancement in covid-19. Recombinant human soluble ACE2 represent a promising drug candidate against SARS-CoV-2 both early as well as late stages of infection.

Angiotensin AT1 receptor blockers (ARB): AT1 receptor antagonists would certainly mitigate evil effects of angiotensin II in absence of cellular ACE2 activity. Moreover unavailability of AT1 receptor for binding would direct angiotensin II towards AT2 type receptor. Angiotensin II exerts tissue protective effects through AT2 type receptor activation.

Mas receptor agonists: Angiotensin-1-7 a natural agonists of mas receptor is reported to display cardioprotective properties [48], lessen angiotensin II-induced cardiac remodeling by attenuating

interstitial and perivascular fibrosis [49], anti-fibrotic effects and protect from lung injury [50]. Increasing endogenous concentration of angiotensin-1-7 either by improved ACE2 directed angiotensin II degradation or exogenous administration of angiotensin-1-7 will help reversing tissue injury. However poor pharmacokinetic profile limits its use for clinical purposes. Alternatively, Ang-(1-7)-CyD, a cyclized form of angiotensin-1-7 with hydroxypropyl β -cyclodextrin is formulated and reported to produce cardiac protective [51] and antithrombotic effects upon chronic administration [52]. Another imidazole based synthetic agonist of mas receptor AVE0091 with proven beneficiary effects in cardiac and renal disorders [53,54] certainly holds potential in controlling altered RAS mediated ill effects and reducing disease severity in covid-19. Taking together above facts it is suggested that activation of mas receptor will harvest beneficiary effects in controlling disease progressing and reduced mortality in covid-19 patients.

CONCLUSION

SARS-CoV-2 is a highly infectious virus which utilizes ACE2 receptor to gain entry in the host cell. ACE2 is a metalloprotease membrane bound receptor that is abundantly expressed in various tissues including lungs, heart, endothelium and kidney and act as a double edged sword in covid-19 disease pathology. On one side it serves as entry gateway for SARS-CoV-2 while on other hand it offers opportunities for development of ACE2 based therapeutic strategies to combat covid-19 disease advancement. Hypertension, renal impairment and diabetes are the most common underlying co-morbidities that contribute to the covid-19 pathological progression and more severe clinical complications leading to death. ACE inhibitors and angiotensin receptor blockers constitute the most commonly recommended treatment for above indications. It is theoretically alleged that increased expression of ACE 2 associated with RAS based treatment therapy (ACE inhibitors/AR blockers) is directly related with the susceptibility to SARS-CoV-2 infection. However scientific evidences are now available which clearly contradict this assumption and state that RAS based treatment therapy does not increase the risk of Covid-19 or more severe complications rather display protective effects against disease advancement. SARS-CoV-2 internalization induced ACE2 down regulation exaggerate the disease pathological progression due to loss of cellular ACE2 activity and consequent altered RAS system. Resultant imbalance between angiotensin II and angiotensin 1-7 peptides leads to the inflammatory, proliferative, fibrotic and tissue detrimental effects and contribute to the lung injury instigated by SARS Cov-2 infection. Accompanied damaging effects are more serious in covid patients with underlying pathological conditions such as cardiac or renal disorders. Increasing ACE2 membrane expression using xanthenone or by increasing the tissue activity of ACE2 either by exogeneous soluble ACE2 or AR blockers dependent unregulated expression would restore the RAS systemic functioning and avert inflammation associated tissue damage in covid-19. The idea of using ACE2 activators in combination with AT1 AR blockers in covid-19 patient has potential in controlling the disease worsening and prevent development of life threatening indications such as acute lung injury, hypertension persuaded pathophysiology, renal damage and ARDS etc.

CONFLICT OF INTEREST

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