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Comparison between Religiosity and self-differentiation in Girls with or without Relationship

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ABSTRACT

Aim of present research was to investigate and compare relationship between religiosity and self-differentiation in girls with or without ties outside of family framework. This study is non experimental one of causal - comparative and descriptive-correlation type. The population of this study was all girls between 18 and 30 years who have experienced relationship in Tehran and other girls who did not have experienced relationships. The sample size of 300 patients (150 girls who have experienced relationships and 150 girls who have not experienced relationships) was selected. The measures were Religiosity Scale and Self-Differentiation Inventory, analysis has been done with Pearson correlation test, multiple regressions. The results of research revealed that piety of girls without any relationship ties outside family framework in (ideological, emotional and ritualistic) dimension is greater than girls with relationship ties outside of family framework in (an outcome) dimension. With given importance of disparity in definition of level of piety in girls with or without relationship tie outside of framework it is recommended that society cultural authorities provide proper foundation for increasing piety within disparity frames.

Keywords: *religiosity, self-differentiation, Relationship, girl*

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INTRODUCTION

Human is social beings [1] and relationship with others, especially with the opposite sex, is part of social life. The relationship of adolescence begins with the development of such relationships, romance and love heterosexually starts out with individual [2].

Depending on how much family of distinction or differentiation are undetected, incidents and problems that arise for families react very differently to [3]. Such people outside of the family as individual act and did not feel and family identity as their identity and their identity as they know the identity of the family. In fact, such people do not give sense of individuality to person. However, differentiation of balance in all relationships holds [4].

After 1950, rate of suicide, murder of young Americans, 30 percent of drug addiction has spread, despite the fact that most of these people have grown up in families of divorce, divorce rate is at hand families who have home and open communication before marriage [5].

No relationship with opposite sex is impossible [6]. Psychologists and sociologists about reasons for and benefits of such relationship with opposite sex together, socialize, have raised increasing social status and spouse [7]. But in many cases, benefits become damaged and in part because of ignorance to deal with opposite sex and consequences resulting from it. The implications of these relationships can drop, suspicion future husband, feelings of betrayal to her husband after marriage [8], suicide, anxiety, depression, loss of self-confidence and respect of the family noted.

Person plays an important role in the emotional and mental interaction, so the youth should learn the proper and acceptable sexual behavior [9]. Effective education leading to postponement of sexual relationships and avoid trauma, individual and social, as well as to understand themselves, others and respect for self and others [10].

Unfortunately, in many families, discussing sexual issues and information in the context of relationship with the opposite sex are considered rude while teens are curious about these sensitive issues, so come on in to find information in this field. The easiest way to access (or bad friend's pornographic tapes and

films) to choose time and innumerable false information and then put at his disposal and perversion and sex and problems for him and damage [11]. However, at present, interaction of male and female for devout Muslim families, particularly families who seek to enforce Islamic laws are good, solid construction is concerned. However, at present, interaction of male and female for devout Muslim families, particularly families who seek to enforce Islamic laws are good, solid construction is concerned. Despite fact that in our society, religion is integral part of people's lives. Also, after revolution that our system of government, importance of religion without religion hundredfold, and system does not function properly, therefore, any action that leads to weakening of faith and piety of people is reduced, which will impair social system;

so when religious foundation of a strong society and community members to adhere to their religious beliefs, generally, the corruption of society (i.e. illegal work) they do not, but make wavering faith community members and then decreases as the number of members of the community do not see the reason for the control and avoidance of sin, then destruction of a serious risk of faces. Therefore, given enormous costs that social control is external to society. This type of control is also somewhat unsuccessful, religion is the most effective and efficient internal control of people to abstain from sin and corruption [12].

A practical system based on religious beliefs in realm of personal and social dimensions of the Lord God sent to guide humanity on the path to growth and perfection and include opinions, beliefs, knowledge and attitudes and behaviors that are linked to an individual's sense of integrity fought out [13]. Inglehart [14] holds membership in religious groups can be fixed identity created for people who compared to other lower caste groups and immediate and continuous relations can be proved [15]. Peter Berger According to rules, values and institutions derived from it, more unstable that the legitimacy of regime can survive without religion, through induction of intrinsic values and norms of community as part of order are believers in loyalty and commitment to values and norms of social assistance grants. The importance of religious beliefs and institutions on human, social and personal life person was quite obvious. In every culture there is limited understanding of religion in different ways and often original and often pivotal role it plays in people's lives [12]. Iranian society is society with a strong foundation of traditional culture where religion plays an important role in people's lives. Although Islam is relationship between sexes moderation is recommended, but whether public or secret girlfriend and son of current taken from friendship of the prohibition. In particular criterion these friendships motivate these friendships that if arbitrary action by Islam is a false indication; so Islam is warm and friendly relations between sexes through parity relationship and permits polygamy [16].

The cornerstone of well-structured and detailed Bowen theory was about forces that reside within family and seek unity and togetherness or rather, their individuality.

According to Bowen degree of differentiation of self in one's appearance reflects ability to distinguish rational from the emotional (affective) that person is experiencing, degree of person's ability avoids automatic citizenship behavior, emotions, expressive of person's separation. Ideally here is cold, highly objective, or feeling we are also trying to balance and to achieve definition of personal identity, but not at expense of losing the ability to express flexible and spontaneous emotions. Bowen was not supposed to have feelings for the sake of rational behavior, so too did not believe that it is necessary to suppress emotions. He was concerned that people are influenced by feelings of not understanding it. The main purpose of self-differentiation is balance between emotion and cognition. Bowen separation means that more of a process than an achievable goal, in order to separate the path of life is not a state of existence or being [17].

Given crucial role of religiosity, as most effective and efficient internal control of people to abstain from sin and corruption and differentiation, ability to separate emotion and reason in intense emotional relationship [18], differentiation girls, them against mental health problems, social and cultural life of our country today suffers from many of girls have been caught, safe construction. In other words, create a proactive mode.

Therefore, identification of predictors of these behaviors, such as religious as one of the main indicators of sexual restraint [19] and self-differentiation as factor for balance between reason and emotion [2] in family the first one is focus of socialization, we can design interventions to reduce risk of injury and productive in group, will help considerably.

Based on the above, aim of this study was to compare the relationship between religiosity and self-differentiation girls with and without relationship.

METHODOLOGY

The method of study is descriptive and causal-comparative

Statistical Population

The population of this study was all girls between 18 and 30 years who have experienced relationship in Tehran and other girls who did not have experienced relationships.

Sample size and sampling:

The sample size of 300 patients (150 girls who have experienced relationships and 150 girls who have not experienced relationships) was selected. For sampling, purposive sampling and snowball sampling were used and questionnaire distributed among those who had experienced this type of relationship was discussed. Then purposive sampling questionnaire available from number of student houses, boarding and two college girls in districts 2 and 15 girls in juvenile institution of Tehran's district 15 were distributed.

Measures

Religiosity Scale:

This scale by Gluck and Stark to gauge attitudes and religious beliefs and religion is made (Gluck and Stark, 1965), as well as to standardize the different countries of Europe, America, Africa and Asia and the religions of Christianity, Judaism implemented and Islam (Taliban, 1998). The questionnaire used in this study is 4 above, and intellectual dimensions of religion because of the extent of advertising have been removed. The questionnaire consists of 26 items which are currently in four faithfulness (7 items), emotional (4 items), consequences (6 items) and ritual (7 items) was used to measure the degree of religiosity. On the last run this test on students' overall alpha questionnaire was 83%. This test is also due to the high standard of reliability. Cronbach's Alpha for faithfulness 81%, Outcome 72%, and Ritualistic dimension is 83% [21].

Self-Differentiation Inventory (DSI):

The questionnaire contains 46 questions that people are used to measure the amount of differentiation. The main focus is on important relationship between life and ongoing communication with their original family. The questionnaire with Likert scale and in a range of 7 options is graded. 4 subscales of the questionnaire "emotional reactivity", "my place", "romantic getaway" and "the emotional interaction with others" is formed. Alpha coefficients of the Peleg-Popko [22] was conducted, 86% have been reported. Khazaei [23] achieved 80% for Cronbach's alpha coefficient.

The method for analyzing data from multiple regression and multivariate analysis were used.

RESULTS

A. simple examination of relationship between religious component to component differentiations

Table 1. Pearson correlation matrix of the relationship between religiosity and differentiation factors in girls relationship

Differentiation			Emotional reactivity	My position	Romantic getaway	emotional interaction with others	Total
Religiosity	Faith	R	.079	.175*	.167*	-.018	.165*
	Emotional	R	.104	.173*	.253**	-.117	.176*
	Outcome	R	.093	.015-	.125-	.104	.009
	Ritual	R	-.043	.315**	.109	.005	.171*
	Total	R	.094	.289**	.180*	-.016	.228**

According to the table, the value of r in the relationship between faithfulness to my position with the value of 0.175, Romantic getaway with the total scale score of 0.167 and 0.228 at 0.05 is significant differentiation. The value of r in the relationship between the emotional aspect of my position with the value of 0.173, Romantic getaway with the total scale score of 0.253 and 0.176 values at 0.05 is significant differentiation. In addition, according to the data in the table above r value between the ceremonial aspect of my position with the 0.315, and the total score of the scale differentiation 0.171 is significant. Also according to the data in the table above r value I place on the relationship between religion and the 0.289. Component of emotional gateway total scale score of 0.180 and 0.228 values at 0.05 is significant differentiation. And the relationship between these components is positive and significant. In other words, the religious consciousness of girls without outside is higher; they will be added to the amount of differentiation. In other cases, the relationship is not statistically significant.

B. Multiple regressions predicting the differentiation of Religiosity

Table 2. Predicts results of multiple regression coefficients differentiation of Religiosity

Criterion variable	predictor	Non-standardized coefficients		Beta	T	Sig
		Non-standardized coefficients	B			
Differentiation	Fixed effect	13.400	112.849		8.422	.000
	Faithfulness	0.533	1.160	0.176	2.175	.031
1	R	0.176		R ²	0.031	
F	F	4.730		Sig.	0.031	

According to table, we can conclude that in present stage of the regression component faithfulness about 1.3% of the variance explained by differentiation of the proposed model. Beta value indicates the amount of explained variance of the model presented is among the criteria. Other components in this model do not play a significant role.

C. Multiple regressions to predict the emotional reactivity of the religious

Table3. Results of multiple regression coefficients predicted emotional reactivity of religious

Criterion variable	predictor	Non-standardized coefficients		Beta	T	Sig
		Non-standardized coefficients	B			
Emotional reactivity		4.886	13.824		2.829	.005
		.226	.911	.315	4.033	.000
1		0.315		R ²	0.099	
F		16.265		Sig	0.0001	

According to the table, we can conclude that at present stage of the regression component faithfulness about 9.9% of the variance explained by the model described in person's place. Beta value indicates the amount of explained variance of the model presented is among the criteria. According to the Governor of the beta coefficients for each unit change in the variance component of religious belief as 0.315 at variance caused a significant change my position. Other components in this model do not play a significant role.

D. Multiple regressions predicting emotional escape from the religious

Table 4. Results of multiple regression coefficients predicted emotional escape from religious

Criterion variable	predictor	Non-standardized coefficients		Beta	T	Sig
		Non-standardized coefficients	B			
Romantic getaway		4.915	26.034		5.297	.000
		.196	.622	.253	3.177	.002
1	R	0.253		R ²	0.063	
F	F	10.095		sig	0.002	

Beta value indicates the amount of variance explanation predictor variables in the model presented is the criterion. According to the Governor of the beta coefficients for each unit change in the variance of the affective component of religiosity as an emotional escape 0.253 at variance caused significant changes. Other components in this model do not play a significant role. It should be noted that the prediction of emotional reactivity and emotional interaction between the components of religiosity in the stepwise regression model was not significant.

DISCUSSION AND CONCLUSION

The results showed that emotional connection with my position, emotional flight with the total scale score was significant differentiation

The relationship between the ceremonial aspect of my position, and the total scale score and religious differentiation with my position and the total scale score was significant differentiation.

Research that directly addresses relationship between religiosity and differentiation were found, but these findings indirectly are consistent investigation of Murdock & Gore [24], Miller *et al* [25], Papco [17]

and Shakibaei *et al* [26] with existence of significant association between low levels of differentiation and chronic anxiety show. On the other hand, many studies have found a significant negative correlation between religiosity and anxiety reports [27].

Explain a significant positive correlation between religiosity and differentiation of girls without relationship, according to criteria of differentiation that with rising religiosity among girls without relationships outside the framework of increased importance. As the results showed a rise in religiosity, and escape the emotional component of my position increases in girls without relationship. Due to define my position as those of high autonomy, people do not change their opinions and beliefs are powerful identity [18].

This result is not unexpected for sample of unrelated females, the mean expression of religious beliefs and religious beliefs of girls without ties in the stronger, no doubt, sex before marriage prohibits Higher place my in them, which indicates a strong and clear in their beliefs (which of course also covers religious beliefs).

Moreover, these findings illustrate that with rising religiosity, girls getaway without associated increases in emotional and social values and cultural taboos of Iranian society can be traced. Unfortunately, some segments of the religious being synonymous with social isolation and rejection of all known and limitations for yourself and others too unconventional and due to unrealistic and rigid rules and structures of religion, the real Islam miles away, are attached.

The findings suggest that components of faithfulness to best predictor of differentiation, romantic getaway place for me and girls are unrelated. The explanation of this is to say principally relates to doctrinal beliefs, such as belief in God, the truth of Prophet, Qur'an and Day of Judgment and Life after Death. A person, who has firm faith, has sense of hopelessness, emptiness and despair not of the high esteem. Obviously, the higher the position, I believe he is on the rise that means having a clear belief in one's life. These people have the ability to grow independent of interpersonal interactions [28].

The positive relationship between religious belief and after an emotional escape, reference to cultural context of society and expect to conceal emotions, it is worth noting. The culture of Iran is a clear expression of the cultural reasons or poor communication skills typically not common. Instead of concealing the emotions that will enhance emotional escape, typical value.

The confluence of the features mentioned in connection with the composition of the cultural fabric of society, such result is not unexpected. Given importance of differentiation in religious girls and relationships outside the framework, while recognizing importance of memory is recommended for families, organizations and families involved with education, especially education, family education programs as well as the concepts of Bowen theory, be used.

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