



## **Evaluate and monitor drug levels for toxic substances based on environmental chemistry**

**Kirubakaran S<sup>1</sup>, Jyotsna Pandit<sup>2</sup>, Sajith. S<sup>3</sup>, Simranjeet Singh<sup>4</sup>, Anil Kumar<sup>5</sup>**

1. Assistant Professor (Selection Grade), Department of Electronics and Communication Engineering, KPR Institute of Engineering and Technology, Coimbatore, Tamilnadu 641407, India.

2. Associate Professor, Department of Applied Science, Krishna Engineering College, Mohan Nagar, Ghaziabad, Uttar Pradesh Pin-201007.

3. Associate Professor, Department of Chemistry, BJM Government College, Sankaramangalam, Chavara, Kollam, Kerala 691583.

4. Assistant Professor, Department of Environmental Science, Shree Guru Gobind Singh Tricentenary University, Gurugram, Haryana 122505.

5. Ex Research Scholar, Department of Botany, DDU Gorakhpur University Gorakhpur-273009. Correspondence Email: [skirubame@gmail.com](mailto:skirubame@gmail.com)

### **ABSTRACT**

*Propylene, vegetable glycerol, dopamine, & flavoring chemicals make up the e-liquids used during e-cigarettes. Almost 7,700 e-liquid varieties were presently available, and many of these have now been evaluated for safety in the laboratories, the majority have not. To quickly assess & assess the toxicity for several liquids, researchers devised a three-phase, 384-well, tray, performance was achieved technically. Our findings showed a VG/PG transport harmed cells survival & many liquids were even more hazardous than VG/PG. All of the e-liquids, humans evaluated were also subjected to a gas chromatography-mass spectrometer examination. Following that, a non-metric traditional multivariate analysis showed that e-liquids seem to be a very different collection. Moreover, these findings proposed that the more compounds in an e-liquid, the ever more poisonous it must have been expected to be, and also that the existence of vanilla flavoring was linked to increased toxicological effects. Further activated complex study of common ingredients found that cinnamaldehyde & vanilla flavoring concentrations, but not tartaric acid, were associated with harm. We've also created a search site that's available to the public. Given the massive usage of me on the market, this webpage should act as a resource to help disseminate knowledge. Our findings imply that using the HTS approach to assess the toxicity of a variety of liquids as possible. like a strategy could serve as a guideline, map for regulatory organizations like the Food & Drug Administration to start regulating the composition of e-liquids.*

**Keywords:** Monitor drug levels, Environmental chemistry, Toxic substances analysis, Hazardous

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### **INTRODUCTION**

E-cigarettes, commonly referred to as online nicotine delivery methods, were gadgets that provide nicotine to the lungs without the use of combustion [1]. Nicotine was released into the bloodstream & translocated to the brains once this aerosol was breathed & stored in the pulmonary. Since they do not include the hazardous remnants of nicotine burning, such as tar-phase compounds, e-cigarettes were marketed as a possible safer option to smoking tobacco [2]. Vaped e-liquids, on the other hand, go through pyrolysis & produce oxidant species, which might result in the development of extra harmful components. Furthermore, though e-liquids do not include nicotine, those who could deliver nicotine produced from smoking, and also nicotine elements like nitrosamines. Despite this evidence, very little is understood regarding the potential safety of most e-liquids. E-cigarette technology has advanced faster since

its introduction [3-5]. The original version of E-cigarettes, termed "cigalikes," was preloaded disposable gadgets that resembled normal cigarettes. Second- & 3rd Ecigs, on the other hand, contain replaceable parts such as an aerosol producer, a heat source, refilling tanks, & also much stronger rechargeable batteries [6]. These gadgets have abandoned the classic design in favor of the portable tank with improved and even configurable aerosolized nicotinic delivery capabilities [7]. Furthermore, compared to

the first cigalikes, 2<sup>nd</sup> & 3<sup>rd</sup> generation E-cigs create a great proportion for blood tobacco metabolite, which had been similar to blood-containing concentrations reported in habitual smokers. Polypropylene glycol and vegetable glycerol in varying percentages make up the e-liquid vehicles used during E-cigs. In the United States, there seem to be presented over 7,700 e-liquid tastes available, including over 1,200 various vendors, and also population was increasing [8].

## MATERIAL AND METHODS

E-liquids were available in a variety of tastes, colors, nicotinic strengths, & PG/VG ratios. Despite their widespread availability, there seem to be present no production regulations for e-liquids, & their formulation varies from seller to provide. The enormous variety & variety of e-liquids have rendered comprehensive research impossible, & yet, very little study has been performed to examine the security of the majority of accessible e-liquids [9]. Several of the active compounds found in e-liquids, and the VG/PG, seem to be on the FDA's Generally Regarded As Safe list. The majority of GRAS flavor tests in rats were conducted following oral consumption, and several GRAS compounds have not even been assessed for security following inhaling [10]. Similarly, the toxic pattern of inhalation differs significantly from those of oral administration. For example, diacetyl, which can be used as a buttery flavoring ingredient, has GRAS but produces bronchiectasis obliterans when inhaled. E-liquids have indeed been proven to have a detectable biologic effect on cancer cells, including changes in Ca<sup>2+</sup> signaling, cell proliferation, stability, & inflammatory in recent research [11]. Moreover, because the study thus far has simply examined the small portion for accessible liquids, the impacts for numerous e-liquid varieties were unclear. Considering having the most unproven, widely accessible e-liquid, new practices for speedily screening these e-liquids utilizing *in vitro* assays have been needed to properly educate policymakers and the general public. Researchers present a high-throughput screen method for evaluating e-liquid development properties, survivability, & chemical properties [12]. The main purpose of this project would have been to analyze, clean e-liquids for potential tastes and/or chemical elements that have been potentially more harmful than VG/PG & required further investigation. As a technology demonstrator, researchers tested 148 e-liquid flavors to see how harmful they were and what chemicals they contained. These findings were then confirmed in a variety of cell types including the following treatment to E-cig aerosols.

All of the procedures were carried out at least three times. All information has been shown as an average standard deviation, with "n" being the number of plates or donors used. Every dosage was conducted in triplicate per dish in 384-well-plate studies. Prism [13] was used to plot all of the statistics & curves. NMDS would be an ordination method for e-liquids & associated binary chemical makeup in composites. The same data structure was grouped to use the package's k-modes, & compounds inside every group were evaluated using a Welch two-sample t-test, using a Bonferroni adjustment applied to the resulting p-values.

## RESULTS AND DISCUSSION

To test cellular toxicity, researchers first devised two screens. The first method entails assessing cellular land area as a sign of cell development by thresholding continuously collected bright-field pictures over the duration. Researchers tested the impact of 148 e-liquids & even the PG/VG controls on human embryos kidneys 293 cells cultivated in 384-well plate to use this method. Cells were seeded for a concentration of five thousand cells, each one, though, and incubated for eight hours at 37°C & 5% CO<sub>2</sub> in an image plate. The cells grew normally in log-phase during 12 to 32 hours after being exposed to the car control, with doubling of the cell surface, which would be compatible with robust cell proliferation. The introduction of 10% 55:45 VG/PG to the medium greatly slowed cell development, serving as a control treatment in the following experiments. Exemplary pictures of cells subjected to various e-liquids, and also phosphorus saline & VG/PG control, were seen in Fig 1(a). The entire development curve for these liquids was classed as regular, decreased, no development, & hazardous (see Figure 1). (b). The second method for determining e-liquid toxicity would have been to utilize calcein-AM to fluorescent measure the number of living cells (see Figure 1). (c). Researchers were able to detect a considerable viability reduction after 24 hours to use this method (see Fig 1). (d).

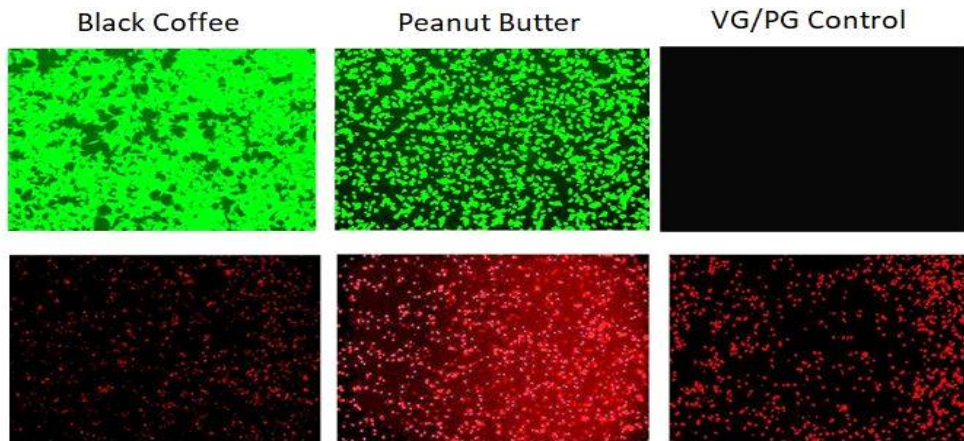


Figure 1: Creation of potential precursor screening for e-liquids

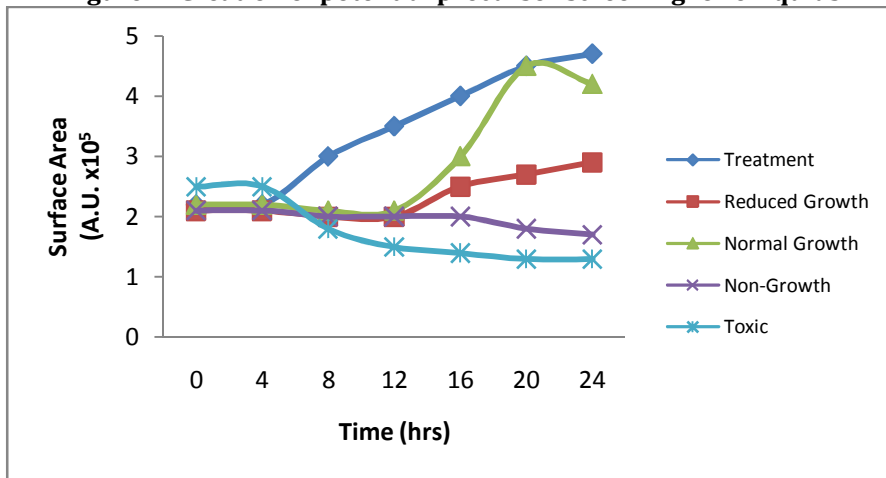


Figure 2: Time vs surface area of toxic

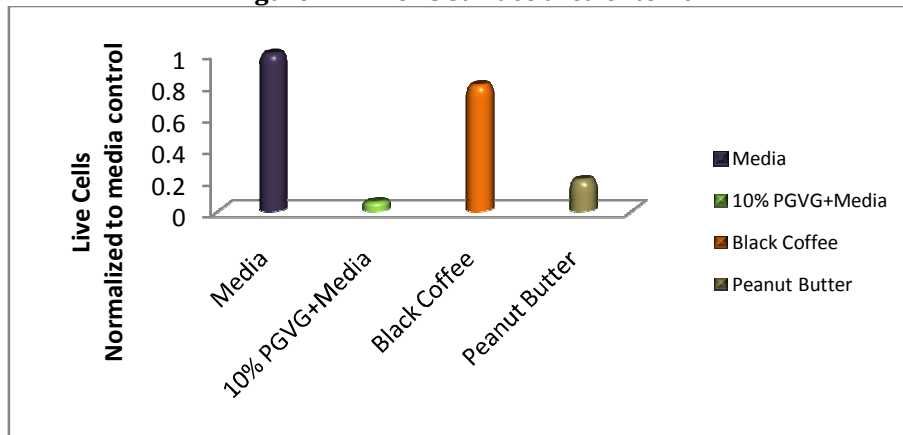


Figure 3: Product vs live cells normalization control

The coefficient of determination for this approach has been less than 15%, which reflects the variability of a measurement unit over a 384-well plate. Moreover, the signal-to-background ratios were 3.47, showing that the two were well separated. Lastly, researchers calculated the Z' score, which was 0.84, to determine the appropriateness of these assays for application in high-throughput screening. Since the difference among both the negative & positive controls, compared to the variance, was large, an assay using a Z' rate between 0.5 & 1.0 was considered a good analysis.

**Cell viability**

Since VG/PG was present in all available commercial e-liquids which has been shown to produce toxicity in cells, the researchers investigated its impact on cell toxicity using a dose-response curve for 55:45 VG/PG. Researchers enhanced this experiment by measuring calcium & propidium iodide as indicators of live & dead cells, accordingly, as reported during cigarette exposure [15]. Researchers employed PBS as a benign control & dimethyl sulfoxide as a known toxic reference. With an LC50 of 6.0 0.4 percent, serial

dilutions in DMSO caused a reduction in viable cells. Serial dilutions of the medium using PBS, on the other hand, would not affect cell survival and cannot be matched further with formula variables required for calculating LC<sub>50</sub>. With an LC<sub>50</sub> of 2.2-0.2 percent, VG/PG produced dose-dependent reductions in cellular metabolism (Figures 2 and 3). (a&b). The toxicity of VG/PG was comparable to that of DMSO. Researchers used solid-state O<sub>2</sub> electrodes to monitor the differential force of O<sub>2</sub> (P<sub>O2</sub>) in the media following the nighttime sum of 30 percent PG/VG to see if the increasing stage of VG/PG impacted cellular function for decreasing media O<sub>2</sub> level. pO<sub>2</sub> was 20.1% in the control medium & 18.4% following the sum of 30% VG/PG, indicating the reported alterations for cellular metabolism & survival have never been caused by lower O<sub>2</sub> stages.

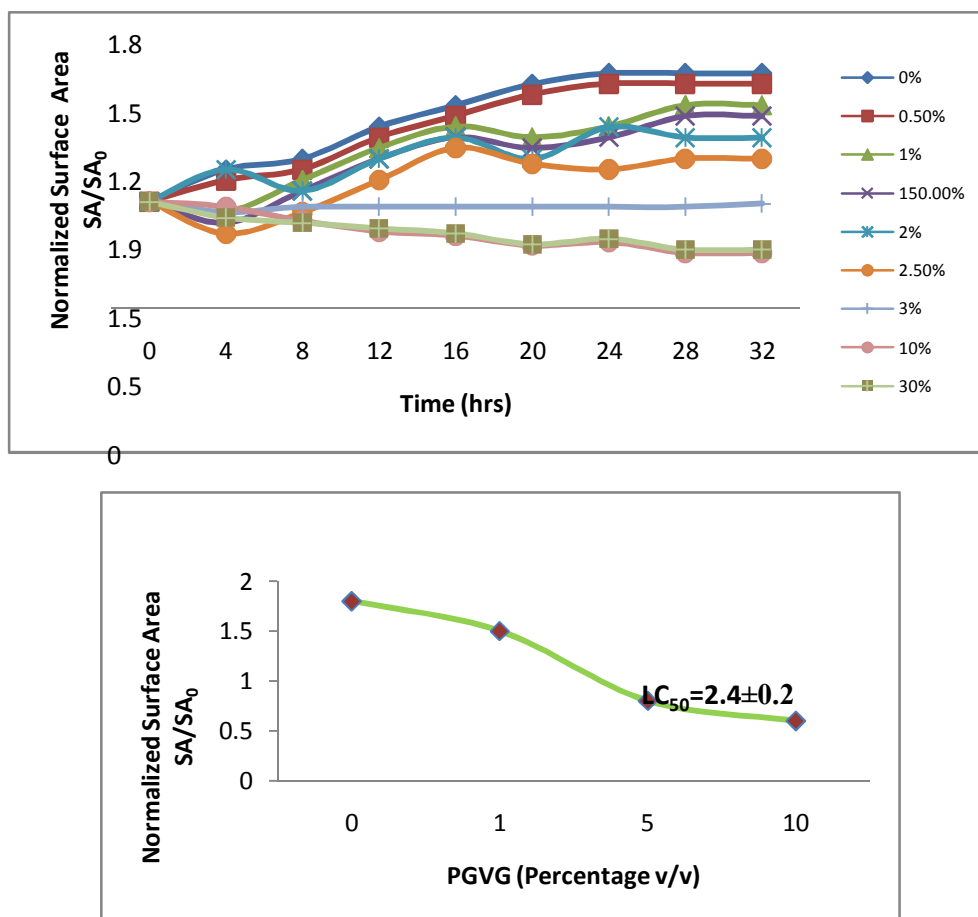


Fig. 2: Cell growth was harmed by VG/PG individually.

### Validation for e-liquid toxicity

Researchers tested at least a sub-set for liquids in cells cultures that were low appropriate for Live human adenocarcinoma alveolar basic carcinoma cells border, an immortal human cell line produced from human lung endothelial, seems to be an HTS but more relevant to the circulatory tract. human normal pulmonary extracellular matrix detected in human air passages, after testing all e-liquids in HEK293T cells. The experiment was prioritized by selecting each 14th e-liquid from Figure 4. For hA549 cells, the evaluated liquids show a modest left curve shift, suggesting that they would be more hazardous within those cells than in HEK293T & hASMC cell lines [16]. Interestingly, the comparative toxicity of all e-liquids in all cell cultures was the same, as was the LC<sub>50</sub> for Blueberry Smoking Keys, Lime Pie, Corn, & Banana Pudding, implying that the usage of HEK293T cells was acceptable.

### Analysis of e-liquids by gas chromatography

Researchers employed a gas chromatography-mass spectrometer to analyze e-liquid ingredients in terms of understanding how chemical structure contributes to e-liquid toxicity. To allow for the detection, the chromatograms generated using the method were matched to the mass spectral databases of the National Institute of Standards & Technology. A chromatogram of a typical sample for the "Dulce de Leche" e-liquid can be seen in Figure 4. VG/PG & nicotine all seem to be available in significant amounts, as planned. Vanillin, ethyl vanillin, & piperonal were among more than ten additional ingredients found in

this e-liquid. A total of ten example chromatograms of different e-liquids were seen. Researchers also used electron ionization to acquire mass spectrum to measure selected elements in exemplary e-liquids, which can be seen in Figure 5.

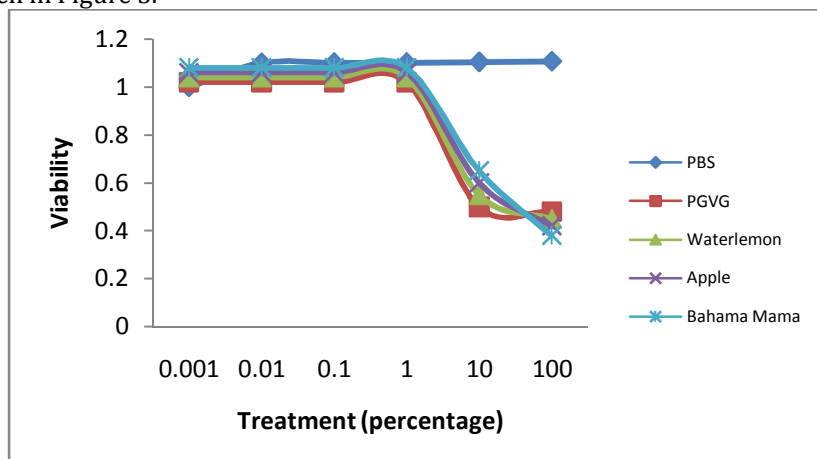


Figure 4: Evaluating e-liquid toxicity.

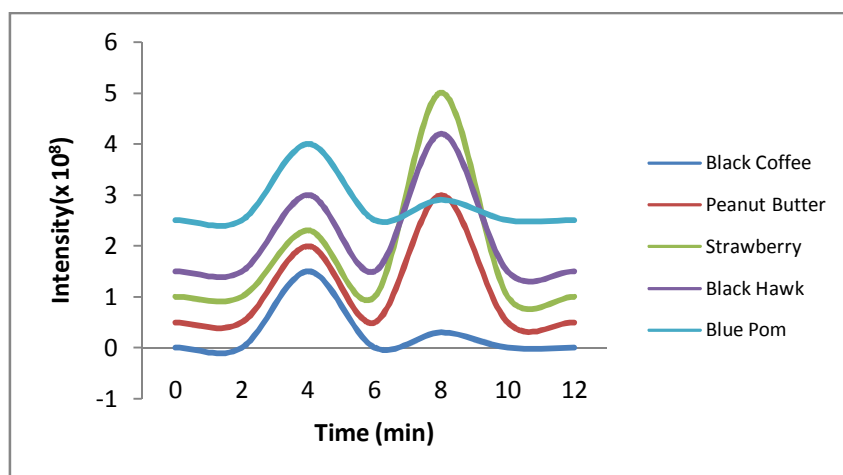


Figure 5: Analysis of e-liquids and their constituents

Physiologic endpoint, according to our researchers, seems to be more responsive than large toxicology end-points. Nevertheless, researchers selected assays that could be used with a wide range of cell types, were inexpensive, and were relatively simple to quantify. The vitality test, which fits those parameters, was found to be more susceptible than cellular growth densities. That seems to be, the survival assays showed greater changes in e-liquids than the cell population assay.

## CONCLUSION

The comparative toxicity of e-liquid ingredients & their consequences for airways exposures were being researched. PG would be a basic compound that has been used to make polyester, also a deicer/antifreeze, and also as a foundation ingredient in e-liquids. Inhaled PG could induce poisoning in the kidneys and neurological system, & intravenous PG could create severe & central nervous system toxicity. PG had indeed been proved to impede renal glucose uptake & also corneal  $\text{Na}^+/\text{K}^+$  ATPase work in the past. Researchers recently explored not chemical very same amongst 13 e-liquid flavors other than VG, PG, and nicotine. As a result of their diverse character, the total purpose of this work was to test the larger number of neat e-liquids to find tastes & chemical ingredients that were most harmful, which would then lead to further research. We discovered a lot of extremely dangerous e-liquids that should be investigated further. Considering that our understanding of the possible health advantages against potential bad effects of vaping has significantly outpaced our knowledge of it, such HTS techniques would permit us to quickly screen nearly 7,700 distinct e-liquids for the markets. It's debatable whether VG/PG& nicotine would be less dangerous than smoked tobacco. Furthermore, HTS techniques for both e-liquids & their chemical ingredients will continue to play a significant role in shaping future e-liquid & vaping regulations.

This has become increasingly significant, particularly as tobacco industry scientists nowadays are claiming that smoking has a lower risk of exposure than cigarette smoking. As a result, universities &

governmental institutions should assess as many different classes of liquids as feasible using a variety of approaches, using evidence-based study providing as regulations. Low-tar, nicotine, for instance, was introduced with the premise that they're a safer option than ordinary cigarettes, but this claim was eventually debunked.

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#### CONFLICT OF INTEREST

The authors declare that there is no conflict of interest for this study

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